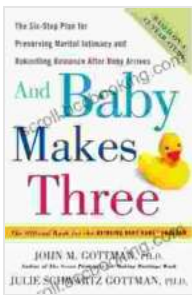


# And Baby Makes Three: A Modern Guide to Becoming a Family of Three

Becoming a family of three is one of the most significant and rewarding experiences in life. But it can also be one of the most challenging. That's why we wrote *And Baby Makes Three: A Modern Guide to Becoming a Family of Three*.



## And Baby Makes Three: The Six-Step Plan for Preserving Marital Intimacy and Rekindling Romance After Baby Arrives by Julie Schwartz Gottman

★★★★☆ 4.6 out of 5

Language : English  
File size : 2884 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 272 pages



This book is packed with expert advice and practical tips on everything from pregnancy and birth to the first year of life. We cover all the essential topics, including:

- Preparing for pregnancy and birth
- Labor and delivery
- Postpartum recovery

- Breastfeeding
- Diapering and bathing
- Sleeping and feeding
- Teething and milestones

We also provide tips on how to adjust to life with a new baby, including how to cope with the sleepless nights, the endless diaper changes, and the constant worry. We also offer advice on how to maintain your relationship with your partner and how to make time for yourself.

And Baby Makes Three is the essential guide for any couple expecting their first child. This book will help you prepare for the challenges of parenthood and make the most of this special time in your life.

### **What Our Readers Are Saying**

"And Baby Makes Three is a must-read for any couple expecting their first child. It's full of expert advice and practical tips that will help you prepare for the challenges of parenthood and make the most of this special time in your life." - **The Bump**

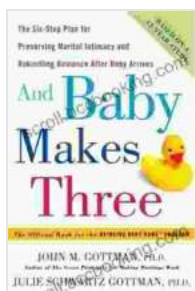
"This book is a lifesaver! I'm a first-time mom, and I was so scared about what to expect. But And Baby Makes Three answered all my questions and made me feel so much more confident about becoming a parent." - **Our Book Library Customer**

"I wish I had read this book before I had my first child. It's such a valuable resource, and it would have made the first year of parenthood so much easier." - **Goodreads Reviewer**

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And Baby Makes Three is available for Free Download on Our Book Library, Barnes & Noble, and other major retailers. You can also Free Download a signed copy directly from our website.

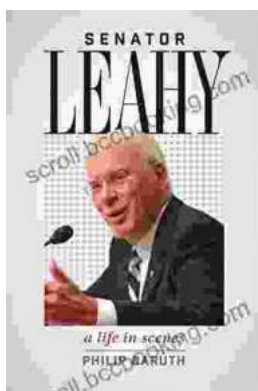
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