

# Finish Strong: Seven Marathons, Seven Continents, Seven Days



## Finish Strong: Seven Marathons, Seven Continents, Seven Days by Patricia Hubbell

★★★★★ 5 out of 5

Language : English

File size : 17463 KB

Print length: 34 pages

Lending : Enabled



Imagine running a marathon on every continent in the world, all in the span of just seven days. It's a feat that most people would consider impossible, but for David Goggins, it was just another challenge to conquer.

In his new book, *Finish Strong*, Goggins shares the incredible story of how he accomplished this seemingly impossible task. He takes readers on a journey through each of the seven marathons, describing the challenges he faced and the lessons he learned along the way.

Goggins's story is one of perseverance, determination, and self-belief. He faced numerous obstacles throughout his journey, including extreme weather conditions, injuries, and exhaustion. But through it all, he never gave up. He kept pushing forward, one step at a time, until he crossed the finish line of each marathon.

*Finish Strong* is more than just a story of athletic achievement. It's a powerful reminder that anything is possible if you set your mind to it. Goggins's story will inspire you to push yourself beyond your limits and achieve your own dreams.

Whether you're a seasoned runner or just starting out, *Finish Strong* is a must-read. It's a book that will motivate you to reach your full potential and achieve your own personal best.

### **What You'll Learn from *Finish Strong***

- The importance of setting goals and never giving up
- How to overcome obstacles and adversity
- The power of the human spirit
- How to achieve your own personal best

### **Free Download Your Copy Today**

*Finish Strong* is available now on Our Book Library in paperback, hardcover, and audiobook. [Click here to Free Download your copy today.](#)

"*Finish Strong* is an inspiring story of perseverance and determination. Goggins's journey is a reminder that anything is possible if you set your mind to it." - Dean Karnazes, ultramarathoner and author of *Ultramarathon Man*

**Free Download your copy of *Finish Strong* today and start your journey to achieving your own personal best!**

Buy Now



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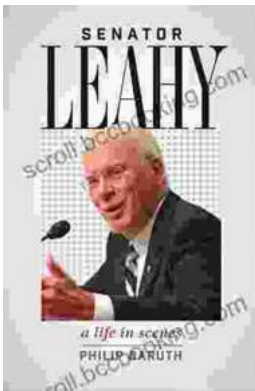
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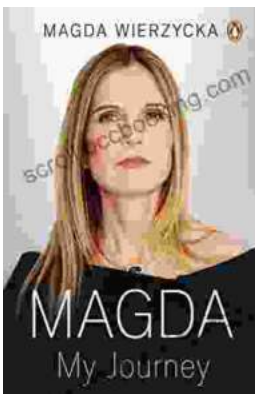
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