

Hikertrash Life: An Unforgettable Journey on the Pacific Crest Trail



Hikertrash: Life on the Pacific Crest Trail by Erin Miller

★★★★☆ 4.5 out of 5

Language : English
File size : 24978 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 321 pages
Lending : Enabled

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In *Hikertrash Life*, author Liz "Salty" Thomas shares her deeply personal and beautifully written account of thru-hiking the Pacific Crest Trail (PCT). From the moment she sets foot on the trail in Campo, California, to her emotional finish at the Canadian bFree Download, Thomas takes readers on an unforgettable journey through some of the most stunning and challenging terrain in North America.

Along the way, Thomas encounters a cast of colorful characters, including fellow hikers, trail angels, and the occasional bear. She learns to embrace the challenges of the trail, from blisters and hunger to altitude sickness and

loneliness. And she discovers the true meaning of community and the power of the human spirit.

Hikertrash Life is more than just a hiking memoir. It is a story about finding yourself, pushing your limits, and living life to the fullest. Whether you are a seasoned hiker or simply dream of one day setting foot on the PCT, Hikertrash Life is a must-read.

Praise for Hikertrash Life

"Hikertrash Life is a beautifully written and deeply personal account of one woman's journey on the Pacific Crest Trail. Liz 'Salty' Thomas's writing is honest, raw, and inspiring. This book will stay with me long after I finish reading it." - Cheryl Strayed, author of Wild

"Hikertrash Life is a must-read for anyone who has ever dreamed of thru-hiking the PCT. Liz 'Salty' Thomas captures the beauty, the challenges, and the camaraderie of the trail in a way that is both inspiring and relatable." - Andrew Skurka, author of The Ultimate Hiker's Gear Guide

"Hikertrash Life is a love letter to the Pacific Crest Trail and to the transformative power of hiking. Liz 'Salty' Thomas's writing is lyrical and evocative, and her story is sure to resonate with anyone who has ever felt the pull of the wilderness." - Bill Bryson, author of A Walk in the Woods

About the Author

Liz "Salty" Thomas is a writer, hiker, and adventurer. She grew up in the Pacific Northwest and has spent her life exploring the outdoors. In 2015, she thru-hiked the Pacific Crest Trail, and her experiences on the trail inspired her to write Hikertrash Life.

Thomas is now a full-time writer and speaker. She lives in Oregon with her husband and two dogs.

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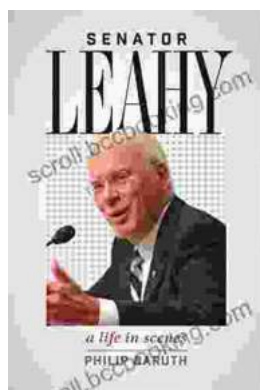
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