

Tripping Over Nothing: A Journey of Triumph Over CMT



Tripping Over Nothing: My Life with CMT

by Leslie Morgan Steiner

★★★★★ 5 out of 5

Language : English

File size : 1033 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 59 pages

Lending : Enabled



Tripping Over Nothing is an inspiring memoir by Susan Hay-Weaver, who shares her journey of living with Charcot-Marie-Tooth disease (CMT). CMT is a genetic disorder that affects the nerves and muscles, causing weakness and degeneration. Susan was diagnosed with CMT as a child, and she has faced many challenges throughout her life. However, she has never let her disability define her.

In Tripping Over Nothing, Susan recounts her experiences with CMT with humor and resilience. She shares her struggles and triumphs, and she offers hope to others facing challenges. Susan's story is a reminder that anything is possible, no matter what obstacles you may face.

Susan's Story

Susan was born in 1963, and she was diagnosed with CMT when she was six years old. CMT affects her nerves and muscles, causing weakness and degeneration. Susan has difficulty walking, and she uses a wheelchair for long distances.

Despite her challenges, Susan has always been a determined and independent person. She graduated from high school and college, and she has worked as a teacher and a writer. Susan is also an active advocate for people with disabilities.

In *Tripping Over Nothing*, Susan shares her experiences with CMT with honesty and humor. She writes about the challenges of living with a disability, but she also focuses on the many joys in her life. Susan's story is an inspiring example of how to overcome adversity and live a full and happy life.

CMT and the Challenges It Presents

CMT is a genetic disorder that affects the nerves and muscles. It is caused by a mutation in one of several genes that are responsible for producing myelin, a protective coating that surrounds the nerves. CMT can cause a wide range of symptoms, including:

- * Weakness and degeneration of the muscles in the hands, feet, and legs
- * Difficulty walking and running
- * Foot deformities
- * Hand tremors
- * Speech problems
- * Vision problems
- * Hearing problems

CMT is a progressive disorder, meaning that it worsens over time. There is no cure for CMT, but there are treatments that can help to slow the progression of the disease and manage the symptoms.

Susan's Triumph

Despite the challenges of living with CMT, Susan has never let her disability define her. She has graduated from high school and college, and she has worked as a teacher and a writer. Susan is also an active advocate for people with disabilities.

Susan's story is an inspiring example of how to overcome adversity and live a full and happy life. She is a role model for people with disabilities and for everyone who faces challenges in their lives.

Tripping Over Nothing is a powerful and inspiring memoir about living with CMT. Susan's story is a reminder that anything is possible, no matter what obstacles you may face. She is a role model for people with disabilities and for everyone who faces challenges in their lives.

If you are interested in learning more about CMT, please visit the Charcot-Marie-Tooth Association website: <https://www.cmtausa.org/>.



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